



\* aahfitealyawwat aasone mapyu nhaint saattam konesone sayywarrrmyarr hpaalsharr  
shinnlalnrayy .  
misarrhcu, mateswaymyarr nhaint aainneehkyinn ninenganmyarr nhaint aatuu i a  
maharbyauuher myarr myahaway par . s nya s nya bhayy kaimn lonehkyuan sainthoet  
paatlai suuthoetaarr hcaung shout hkyinn aatwat kyeemarrtae aahcateapine kahcarr  
nongya s nya!

aantararal kaimnshinnrayy kyahanyaupyathoet aarloneyuu  
taithkuhkyinn hce ko jwanl, aamyoesarr aantararal kaimnshinnrayy kaunghce parwain  
paatsaat r nhaint aamyoesarr lonehkyuanmhul (NSM) twin parwainsaungrwat raan  
aahpwalaahcaemyarr aarr payyhtarsai . NSM karkwalinesaw danrar nhaint say sone  
suueat u saung aakyaunggtararmyarr paat paatlai aapyuaamuutway ko panyarpayy nhaint  
sya jar lwhammoe hphoet nhaitcain pwaitaw hpyitpartaal . itwin bhone danrar karkwal  
tarrsee hphoet htiuttaann naeelam aanaengaal naysaw hkaungghcain:  
s nya s nya karmmaungg taeaahkar saint rae selllhpone ko patehtarr nay par ngar . yarin  
maungg bhayy kaimn lonehkyuanrayy tait u shared tarwaan nhaint aatuu kyaw lar hcay tae a  
hkwng htuu hpyitparsai . hcarphoet nhaint maungg bhaaltotmha m .  
ngar awanline shoetmahote tait hcarsainhkaann htellmhar pahtam u sone aakuuanye, CPR  
nae AED aasonepyumhu aatwat lae kyintsainkyarr Get .  
ngar hcaitsayymhu nhaint loaoutpark, aapyauunggaalell, saint meehkoe nhaint kar bwon mo  
noutsod detectors aapawmhar bhaathtare mhaanmhaan .  
ngarr nait nay sarrkaungmyarr aatwat nouthtaut taithku htaatngar 15 nhaitaout kalaymyarr  
hpyitkyasai ko inn, kalayy tait uhar po shoet kyarout r sawaahkar aamyarsone hpyittraut  
hpyitpyet